Sotirios Mouzakis has read English and American Studies, Romance philology, Latin and Swedish (state examination) as well as Scandinavian studies and German literature (B.A.) at the University of Freiburg, the Sorbonne IV (Université de Paris IV) and the Ionian University of Corfu. Since his graduation in 2014, he has been teaching literary theory and cultural studies at the department for Scandinavian studies at Freiburg University. In 2016 he took on a post as research assistant in the project "Junge Helden des Postheroismus. Verhandlungen des Heroischen in der skandinavischen Jugendliteratur nach 1945" within the Collaborative Research Centre 'Heroes – Heroisations – Heroisms', which is affiliated to Freiburg University and funded by the German Research Foundation (DFG). His PhD project deals with imaginations and negotiations of the heroic in the Scandinavian welfare societies as represented in young adult fiction after the Cold War.

His main fields of interest include comparative literature and cultural transfer, intermediality, postcolonial and diaspora studies, disease/illness and literature, negotiations of the heroic in literature and (popular) culture, and young adult fiction (especially aspects of gender and LGBTQ related issues). His most recent publication deals with heroism mechanisms in contemporary popular culture. A paper on heroism in Walt Disney Princess movies is forthcoming in 2019, as well as a paper on welfare critique and heroism in Swedish YAF.